



Shoe4Africa Liability Waiver

General Assumption of Risk & Release of Liability

Caution: This is a release of legal rights. Read and understand it before agreeing to these terms. Shoe4Africa is a non-profit company. Reference to Shoe4Africa includes all its officers, staff, coaches, volunteers, agents, and assigns. By agreeing to this release, I freely choose to participate in the Shoe4Africa training program and/or running events in support of the Shoe4Africa charity (henceforth referred to as "Shoe4Africa"). In consideration of my participation in the Shoe4Africa training programs and/or running events in support of the Shoe4Africa charity, I agree as follows:

RISKS RELATED TO RUNNING

I am aware that running, practicing, training, and/or other involvement in any sport can be a dangerous activity involving MANY RISKS OF INJURY, including, but not limited to, the potential for catastrophic injury. I understand that the dangers and risks of running, practicing, or training in any athletic activity include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis or brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular-skeletal system, and serious injury or impairment to other aspects of my body, general health and well-being. Because of the dangers of participating in any athletic activity, I recognize the importance of following all instructions of my personal physician and the representatives of Shoe4Africa.

HEALTH AND SAFETY:

I have been advised to consult with a medical doctor with regard to my personal medical needs. I state that there are no health-related reasons or problems that preclude or restrict my participation in the Shoe4Africa training programs and/or running events in support of Shoe4Africa. I recognize that Shoe4Africa is not obligated to attend to any of my medical or medication needs, and I assume all risk and responsibility therefor. In case of medical emergency occurring during my participation in the Shoe4Africa trainings program and/or running events in support of the Shoe4Africa charity, I authorize in advance any representative of Shoe4Africa to secure whatever treatment may be necessary, including the administration of an anesthetic and/or surgery. Shoe4Africa may (but is not obligated to) take any actions it considers to be warranted under the circumstances regarding my health and safety. Such actions do not create a special relationship between Shoe4Africa and me. I release Shoe4Africa, its officers, officials, coaches, employees, volunteers, agents and assigns from all liability for any bodily injury or damage I sustain as a result of any medical care that I receive resulting from my participation, as well as any medical treatment decision or recommendation made by an employee or agent of Shoe4Africa. I agree to pay all expenses relating thereto and release Shoe4Africa from any liability for any actions.

ASSUMPTION OF RISK AND RELEASE OF LIABILITY:

Knowing the risks described above, and in voluntary consideration of being permitted to participate in the Shoe4Africa training programs and/or running events in support of the Shoe4Africa charity, I agree to release, indemnify and defend and hold harmless Shoe4Africa and their officials, officers, employees, coaches, agents, volunteers, and sponsors from and against any claim which I, the participant, my parents or legal guardian or any other person may have for any losses, damages or injuries arising out of or in connection with my participation in the Shoe4Africa training program and/or running events in support of the Shoe4Africa charity.

SIGNATURE:

I indicate by my electronic signature that I have read the terms and conditions of participation and agree to abide by them. I have carefully read this Liability Waiver and acknowledge that I understand it. No representation, statements, or inducements, oral or written, apart from foregoing written statement, have been made. This Liability Waiver shall be governed by the laws of the State of New York which shall be the forum for any lawsuits filed under or incident to this Liability Waiver or Shoe4Africa. If any portion of this Liability Waiver is held invalid, the rest of the document shall continue in full force and effect.