

October 29, 2012 | Lynchburg, Va.

## Liberty Athletics Trainer Running for Charity

On Nov. 4, Laura Hoskins, a member of the Liberty Athletics Training staff, will be one of 47,000 runners to take part in the New York City Marathon. Hoskins has bigger goals than simply finishing the 43rd edition of the race. She will be running to raise money for the charity organization Shoe 4 Africa.



Liberty trainer, Laura Hoskins.

Shoe 4 Africa is a NGO (non-governmental organization) which focuses on health and education work in the East African country of Kenya. The organization is in the process of raising money to build a public children's hospital. This hospital would provide, for the first time, an opportunity for potentially thousands of children to have access to a kid's public teaching hospital.

Hoskins, who has worked with Liberty's track and field teams for the past several years, ran her first marathon three years ago, and this past February ran her first ultra-marathon. She began to look for a new and exciting challenge, and ultimately settled on the NYC Marathon. Hoskins was drawn to the race for the opportunity of experiencing the sights and sounds of the Big Apple and also because of the great deal of charitable work that takes place through the marathon. Of the 47,000 runners who will be competing, 8000 of them will be running to raise money for a charity.

Hoskins chose to run for Shoe 4 Africa because of the involvement that the Liberty track and field program already has in Kenya and also the organization's involvement with healthcare work. She will be one of 56 participants who will be running to raise money for Shoe 4 Africa. Each runner is seeking to raise \$3,000.

Hoskins has received a great deal of support from friends and family as well as members of the Flames' track and field team. Those wishing to support Hoskins and help her reach her goal, may visit [Shoe4Africa.org](http://Shoe4Africa.org) and click on the Support a Runner tab at the top of the page.