



Shoe4Africa race for Nyamira next weekend

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United States based charity, the Shoe4Africa Foundation, has organised a women's race in Kebirigo, Nyamira District, next Saturday.

Event organiser, Pieter Langerhorst, also confirmed that Skytel Sports Promotions has nothing to do with the race. In a press statement, Langerhorst, who is organising the race together with Athletics Kenya's Nyanza South branch and the Kebirigo Athletics Club, said the race is fully sponsored by the US charity.

The race will be run along the Sironga-Kebirigo road on Saturday, September 23 from 10 am.

"There will be a two-kilometre health walk for seniors and children and a 10km fun run with prizes for the top three in the 10km fun run," Langerhorst said.

"Shoe4Africa is not targeting elite athletes but wants to encourage women to start walking and running and to get fit. Shoe4Africa is creating awareness for HIV/Aids through sport and is organising women events all over Africa," the official added in the press statement.

The Shoe4Africa Foundation is based in New York and was launched in January 2006 in Iten where over 500 women competed in the inaugural race.

"Shoe4Africa invites all women and especially schools to come and take part in the event. The entry is free for all women and every participant gets a free T-shirt. Shoe4Africa will donate a computer to the school or women's group with most participants," Langerhorst added.

Shoe4Africa will have a raffle after the race and hand out sport equipment and school supplies.

Shoe4Africa is founded by US based journalist and athletics coach, Toby Tanser, and its goal is to create awareness for HIV/AIDS through sports.

Tanser is the best selling book *Train hard, win easy, the Kenyan way*.

Shoe4Africa collects sport equipment in the USA and Europe and donates this to women in Africa who cannot afford to afford them.

The Kenyan headquarters of Shoe4Africa is based at the High Altitude Training Centre in Iten which is run by Langerhorst and Dutch distance running star Lornah Kiplagat.

The charity has also organised races in Tanzania and Morocco and have others planned in Uganda, Eritrea and Zimbabwe.